



**Interboro Athletics
Fall 2025
Cross Country Schedule**

Cross Country– Head Coach – Kirk McGrotty

| | Cross Country | | | | |
|--------------|----------------------|------------------|-------------|------------------|--------------|
| Date | Opponent | Home/Away | Time | | Buses |
| August 26 | Delco Scrimmage | Rose Tree | | | 2:00 PM |
| September 2 | | Home | | | |
| September 6 | Bristol Street Run | Bristol | | | 7:00 AM |
| September 10 | Del Val | Home | 3:30 | | |
| September 13 | Cougar Run | Exton | | | 7:00 AM |
| September 27 | Delcos | Rose Tree | | | 11:30 AM |
| October 1 | Chichester | Away | 3:30 | | 2:00 PM |
| October 7 | Dock INV | Lansdale | | | 2:00 PM |
| October 11 | Neshaminy Inv | Langhorne | | | 7:00 AM |
| October 15 | Penn Wood | Away | 3:30 | Dist. Qualifiers | 2:00 PM |
| October 20 | | Home | | | |
| October 24 | Lehigh | Away | | Districts | TBD |